

*We live in a violent world, but change is possible. An opportunity awaits you to be part of the solution....*

## **Alternatives to Violence Project\* (AVP) Workshop**

**May 22-24, Friday evening, Saturday morning till evening, and Sunday times TBD, ending Sunday afternoon around 5 PM**

**Location: Friends Meeting of Austin, 3701 East Martin Luther King, Jr. Blvd., Austin, TX**

*This is a level 1 - Basic level workshop. It is for adults 18+ and children 14 and up with consent of parent and facilitators.*

### **Empowering You to Resolve Conflicts Nonviolently**

**Experiential Workshops to reduce conflict at home, work, the community, & beyond!**



Build Self-Esteem, Respect, & Trust—Have Fun— Connect deeply with Others—Improve Communication—Practice Creative Conflict Resolution—Develop Leadership—Transform Yourself and Your Community



[Online registration form](#)

<https://docs.google.com/forms/d/e/1FAIpQLScoOPbbz4QgHKz67QJs4umLGzaz3zUJAsk-poMDBNdUX8400g/viewform>

Meals will be provided. Home hospitality is available for out-of-town participants.

Though AVP TEXAS does not charge, we ask for a \$50 donation to cover food, materials, and facilitators gas. No one will be turned away for lack of funds.

*Contact: Cat Snyder, [cathryn.snyder@gmail.com](mailto:cathryn.snyder@gmail.com), 214-236-5907, with questions.*

*\*AVP, a nonsectarian & nonpolitical nonprofit begun in 1975, is active in communities, schools, & prisons in over 50 countries. (Visit <https://avpusa.org/what-we-do/#B>)*